

# PSAS Events

*For parents, educators, mental-health professionals, students, and other people interested in human relationships and human well-being.*

**Please see the schedule on the following page.**

***The science of the mind can only have for its proper goal the understanding of human nature by every human being . . . and peace for every human soul.***

**Alfred Adler, MD**

In this spirit, PSAS offers free **First Friday Forums**, free, grant- or donation-funded **Positive Discipline** and **Disciplina Positiva** parenting courses, and other educational events for everyone who is concerned with human relationships and well-being. We are happy to report that the Horizons Foundation has again funded a year-long series of our parenting courses.

At our **First Friday Forums**, various presenters address subjects of interest to mental-health professionals, educators, parents, and others.

At quarterly forums, **Stephen A. Maybell, PhD** (Director of the Student Counseling Center and Professor of Marriage and Family Therapy at Seattle Pacific University) has presented **Clinical Conversations**. He is taking time off to deal with health concerns, and we hope that he'll return for more forum presentations later on.

We are sad to say that our **Professional Development Seminars** for mental-health professionals and graduate students have been suspended because of the passing of **Robert L. Powers**, one of our presenters, and the decision by his wife and co-presenter **Jane Griffith** to move back East. There's hope that another presenter will become available shortly.

With the retirement of **Stephanie Cross**, **Sanity Circus** (our parenting course for 30 years) morphed into **Positive Discipline** and **Disciplina Positiva** courses—still Adlerian, still grant funded and free, and still co-sponsored and hosted by various other nonprofit organizations. **Anita Garcia Morales** and **Ximena Grollmus** are now the presenters for these courses. Both are also PSAS Board members. **Jessica Hsieh**, our new Coordinator, is now teaching Positive Discipline in **Mandarin**.

With **Sound Discipline** and the **Positive Discipline Association**, we co-sponsor **Teaching Parenting the Positive Discipline Way** and **Positive Discipline in the Classroom**. With **Sound Discipline**, we also co-sponsor the course **Positive Discipline in the Early Childhood Classroom**.

**CE hours** for licensed mental-health professionals are available at PSAS events. The CE fee is \$10 per hour for PSAS members, and \$15 per hour for others.

To join the PSAS “Friends” email list for event notices, or for further information, please call or email us, 206-527-2566, [psas@att.net](mailto:psas@att.net). To become a PSAS member, please see [www.pasadler.org/membership.pdf](http://www.pasadler.org/membership.pdf). Annual dues are \$30.00. To suggest a topic or presenter for a **First Friday Forum**, please email or call us.

*Our mission is to nurture dignity for all  
by encouraging democratic relationships and a sense of belonging.*

**Friday, June 1**

*PSAS Board Meeting*

6:15 – 7:15 p.m. PSAS members are welcome to visit.

**Friday, June 1, *First Friday Forum ~  
Teach Us All***

**Who ~ Anita Garcia Morales** is a retired high school social studies teacher, active in issues of equity in the schools. She teaches Positive Discipline and Disciplina Postiva and is a member of the PSAS board. Anita also teaches in the Seattle Teacher Residency program preparing educators for Seattle Public Schools.

**What ~ Teach Us All**, a documentary film about social justice movement, as well as equal access to quality education for all students in the U.S.

**Friday, July 6**

*PSAS Board Meeting*

6:15 – 7:15 p.m. PSAS members are welcome to visit.

**Friday, July 6, *First Friday Forum ~  
Richard Meeks, MA: Adlerian Influence on Psychology, Part 2***

7:30 – 9:30 p.m. Everyone is welcome.

**Who ~ Richard Meeks** is a therapist in private practice and is president of the PSAS Board. He also teaches at Antioch University.

**What ~ Adlerian Influence on Psychology, Part 2**, a follow-up to our Sept. 9, 2017, forum, inspired by the current issue of *The Journal of Individual Psychology*

**Where ~** 8249 38th Ave. N.E., Seattle 98115

**Why ~** Information, CE hours, and Gemeinschaftsgefühl (Adler's "social interest," or "community feeling," or simply because we care about each other and the community) (treats, too, of course!)

**When ~** 7:30 - 9:30 p.m. The Board meets until about 7:15—please time your arrival accordingly.

**How much ~ The forum is free. CE hours are available** for mental-health professionals (\$10/hr. for members, \$15/hr. for others). Donations are always welcome. (Annual dues are \$30.)

**RSVP ~** Space is limited. Please email [psas@att.net](mailto:psas@att.net) or call 206-527-2566 if you plan to come.

**Save these First Friday Forum dates:**

**(No forum in August)**

**September 7**

**October 5**