

PSAS Events ~ July-December 2010

For parents, educators, mental-health professionals,
and other people interested in human well-being

The science of human nature . . . cannot be pursued with the sole purpose of developing occasional experts. Only the understanding of human nature by every human being can be its proper goal, and through its use, brings peace to every living soul.

Alfred Adler, MD

The Puget Sound Adlerian Society is a nonprofit educational organization affiliated with the North American Society of Adlerian Psychology (NASAP). **Our mission is to nurture dignity for all by encouraging democratic relationships and a sense of belonging.** We offer educational events for parents, parent educators, teachers, therapists, and anyone else who may be interested.

We provide certificates of participation for anyone, on request. CE hours for licensed mental health professionals, and clock hours for educators, are available for a fee. For events co-sponsored with NASAP, NBCC CE hours for nationally certified counselors and APA CE hours for psychologists are also available for a fee.

To join the PSAS "Friends" e-mail list for event notices, or for further information, please e-mail us at psas@att.net or call 206-527-2566.

First Friday Forums ~ Free

Who - Various presenters from PSAS and the Seattle area, or films, with discussion.

What - Presentations and discussions on topics for parents, educators, mental-health professionals, and other people interested in human nature, human relations, and human well-being.

Where - Northeast Seattle, call or e-mail for location, 206-527-2566, psas@att.net.

Why - To get acquainted and to share information and ideas of mutual interest.

When - Usually the first Friday of the month, 7:30-9:30 p.m.,
except August and December or on holiday weekends.

How - Call or e-mail to let us know you are coming, 206-527-2566, psas@att.net.

Cost - Free.

CE hours for mental-health professionals and **clock hours** for educators are available for a fee.

To view flyers for other events, please click on [underlined event titles](#).

July 9. [First Friday Forum.](#) We'll listen to a CD of [Beyond Viet Nam](#), a speech on American well-being and ethics, by **Martin Luther King, Jr.**, delivered on April 4, 1967, with discussion following. Ethics CE hours available. (No flyer, see box above.)

Sept. 10. [First Friday Forum.](#) **Skosh Jacobsen**, LMFT, and a parent educator, will present on [Parent Self-Care](#), with discussion following. (No flyer, see box above.)

Sept. 11. [Professional Development Seminar.](#) This quarterly seminar, held in northeast Seattle, provides an opportunity for mental-health professionals to examine personal and professional challenges in a mutually encouraging environment among peers. The seminar leaders are **Robert L. Powers** and **Jane Griffith**. Using material drawn from case studies provided by the participants, as well as the individual life histories of the participants, they offer practical assistance, opportunities for disciplined self-examination, and direction toward personal growth and professional development. CE hours for mental-health professionals, and OSPI clock hours for educators, are available. (Click on event title for flyer and registration information.)

Sept. 25. [Counseling Teens, Young Adults, & Their Parents.](#)* **Doug McClosky**, LMFT, will present a one-day course for mental-health professionals, co-sponsored with NASAP, in northeast Seattle. NBCC, APA, Washington State CE hours, and clock hours for educators are included in the course fee. (Click on course title for flyer and registration form.)

Oct. 1. [First Friday Forum.](#) **Richard Meeks**, LMFT, will present on [Adler's Concept of Striving ~ An Examination of Adler's Ideas about Overcoming Our Sense of Inferiority](#), with discussion following. (No flyer, see box above.)

Oct. 22-23. [Couple, Family, & Child Therapy.](#)* This is the fourth course in the [2010 Certificate Program for Professional Studies in the Psychology of Alfred Adler](#), co-sponsored with NASAP and offered in Port Townsend by **Robert L. Powers** and **Jane Griffith**. NBCC, APA, and Washington state CE hours for mental-health professionals, and clock hours for educators, are included. (Click on course title for brochure and application form.)

Nov. 5. [First Friday Forum.](#) **Leonard Shaw**, ACSW, will present on [Relationships: Love'm or Repeat'm ~ Learn Why Relationships Are So Difficult and How To Turn That to Your Advantage](#). Discussion will follow. Educational Objectives: Participants will develop 1) A deeper understanding of our resistances to intimacy, 2) Specific tools for working through our fears and barriers, and 3) Increased compassion for any couple who lasts longer than 18 months. (No flyer, see box above.)

Dec. 11. [Professional Development Seminar.](#) (See Sept. 11 listing.)

*This program is co-sponsored by the North American Society of Adlerian Psychology (NASAP). NASAP is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists and is recognized by the National Board of Certified Counselors (NBCC) to offer continuing education for counselors. NASAP maintains responsibility for this program and its content.